

Additional Benefits

Employee Assistance Program (EAP)

We understand how challenging it can be to balance your work and personal life, and we are committed to helping you do just that.

The Uprise Health Employee Assistance Program (EAP) can provide you and your family and household members with information and assistance on a wide range of topics and issues including work stress, debt problems, family issues, relationship worries, parenting challenges, anxiety, grief and much more.

Offered through **Guardian**, **Uprise Health EAP** is provided **no cost to you**. Provided at **no cost to you**, counselors are available for support by phone 24 hours a day, seven days a week at **800-386-7055**.

To help get you started, the program includes up to **3 free in-person counseling sessions for you and your household members**. Behavioral counselors can help navigate any additional long-term counseling needs.

Services Offered

- Family
- Money
- Legal Services
- Identity Theft Recovery
- Health
- Everyday Life

The EAP Program is a Company Paid Benefit offered to ALL Full-Time employees at **NO COST!**

WillPrep

This is a special program only available for those who enroll in the voluntary life benefit.

WillPrep is provided through Guardian and offers support and guidance to help you properly prepare the documents necessary to preserve your family's financial security.

WillPrep has a range of services including online planning documents, a resource library and access to professionals* to help with issues related to:

- ✓ Advanced Health Care Directives
- ✓ Financial Power of Attorney
- ✓ Wills and Living Wills
- ✓ Estate Taxes
- ✓ Guardianship and Conservatorship
- ✓ Executors & Probate
- ✓ Healthcare Power of Attorney
- ✓ Trusts

*The Option of an attorney prepared will is available for a small fee.



Access phone

EAP resources US 800.386.7055

WillPrep resources US 877.433.6789

EAP Counselor

Email: eapcounselor@uprisehealth.com

Access online

EAP resources <https://worklife.uprisehealth.com/>

Access Code: **worklife**

WillPrep www.willprep.uprisehealth.com

Access Code: **willprep** Password: **GLIC09**