

Short Term Disability

Your guide for a seamless process



For a simplified claim experience, file online at guardianlife.com



Are you filing a claim for maternity? Once you've delivered, contact us to report your date and type of delivery. **Please inform us if you're taking bonding time following your recovery.**



We may need medical information to review your claim. Please provide the **included authorization form** to your physician(s) currently treating you for this condition. Your physician may require an alternate form.



To ensure timely payments, please keep us and your employer informed of updates to your leave. **If you're unable to return to work as planned, contact us so we can reach out to your physician(s) for updated information.**



It's important your work state is indicated on the claim form. If you work from home and are unsure of your work state, please consult with your employer. If Guardian administers your State Paid Leave policy, you don't need to file a separate claim. We'll take care of that for you.



We'll contact you, your employer or physician if any additional information is needed to make a claim decision. **Claim reviews are generally completed within 10 business days, and you'll be contacted when a decision is made.***

Have a question? Contact us at 800-268-2525. A representative is available to help you Monday - Friday, 8 am - 8 pm ET.